



Workshop Descriptions

MTF Gender Confirming Surgery Updates!

This workshop will provide an opportunity to discuss the current approaches available for traditional MTF gender confirming surgical procedures. The floor will then be open for answering specific questions.

Inside Scoop

Executive Director James Parrish will provide an update from the past year on EV's policy and legislative efforts to protect transgender Virginians. The workshop will include a discussion on what to expect in the 2017 General Assembly session and strategies to increase transgender advocacy and influence.

Justice in the Search for Sage Smith

Sage Smith is a young, black trans woman who went missing from Charlottesville, Virginia on November 20, 2012. Since that fateful day, Sage's family has had to fight for due diligence on the part of their local police department, the media, and the public in their search for their missing loved one. Today, hear from Sage's family and community supporters on their ongoing campaign to bring her home.

Race and Gender: Navigating the Intersection of Identities

This workshop discusses how being transgender is reflected in our communities and various cultures and how trans people of color can lift themselves up. This is an open session that highlights the voices of trans people of color; allies and people standing in solidarity can be present during the conversation.

Trans-masculine Roundtable [CLOSED]

This will be a round-table discussion for anyone on the trans-masculine spectrum to share information about medical and surgical transition-related procedures and experiences. This is a peer-to-peer space where we can learn from each other, explore possibilities, and address challenges faced by trans-masculine individuals when seeking surgical or medical care. Please note that this is a closed session intended specifically for trans-masculine individuals.

What Does Gender Queer Mean? Exploring Non-binary Gender Identities

This workshop will explore basic terminology (including non-binary!), the experiences of people who have non-binary gender identities, and the challenges they may face. This interactive session will incorporate video clips, small group discussion, and a question and answer segment. Attendees will build upon their vocabulary, learn about local resources, and find out how they can be allies to people with non-binary identities.

Anti-Violence and Trans People of Color Roundtable

This is a space where trans-identified folks can gather in an intentional space to share experiences, needs, and concerns around issues of violence and safety. We would like for this to be an open session that highlights the voices of trans people of color; allies and others standing in solidarity can be present during the conversation.

FTM Gender Confirming Surgery Updates!

This workshop will provide an opportunity to discuss the current approaches available for traditional FTM gender confirming surgical procedures. The floor will then be open for answering specific questions.

Non-binary Experience: Panel Discussion

This moderated panel discussion will address the joys and challenges of living as a nonbinary person in a largely binary world. Opportunity for audience questions will be provided.

Partners of Trans* Folks Open Caucus Space

What do you do when your relationship looks different than others? Supporting your trans loved one means continuously learning and growing together. Join other partners of trans-identified folks in an informal and unfacilitated space to talk honestly through concerns and questions, and to share lived experiences with one another.

Stories for Change!

Story-sharing is a necessary and powerful tool in creating social change. Join to learn a specific narrative model that has been proven to bridge communities and turn the audience into advocates and activists!

Trans-feminine Roundtable [CLOSED]

This will be a round table discussion for anyone on the trans-feminine spectrum to share information about medical and surgical transition related procedures and experiences. This is a peer-to-peer space where we can learn from each other, explore possibilities, and address challenges faced by trans-feminine individuals when seeking surgical or medical care. Please note that this is a closed session intended specifically for trans-feminine individuals.

America's Next Top Ally! Supporting the Trans People in Your Life

Join us for a discussion on how to be a great ally to the trans loved ones in your life. During this workshop we will discuss many aspects of being an ally, ranging from everyday interactions to advocating for systemic change. Come share your successes and challenges in being a supportive ally to trans people and communities.

End of Life Planning 101

This session will review the standard forms for estate planning (e.g. will, healthcare power of attorney & advance directive, general durable power of attorney, etc.) and how they can be utilized and modified to serve the specific needs of transgender elders. The session will review alternatives for managing a client's limited resources at end of life and to simplify resolution of their estate after death.

Facilitating Peer-Led Support Groups

Participants will learn and share their best practices and strategies for facilitating peer-led support groups, both online and in-person. Topic areas will include ground rules, engaging participation, facilitating leadership among members, and avoiding burn-out.

Trans-masculine Partner Support Group [CLOSED]

This workshop will be dedicated to providing space for partners of FTM transitioning individuals to share their stories with each other, network, build community, learn from each other, and support one another. This will be a safe and intentional space for partners to share their struggles and challenges, as well as their hopes and successes. Extra support will be provided as needed, especially one-on-one attention. Please note that this is a closed session intended specifically for partners of FTM individuals.

Trans-feminine Partner Support Group [CLOSED]

This group's intention is to provide support, networking, and camaraderie to those persons whose partners have come out as trans-feminine, and may be on various paths of transitioning. The group will discuss topics such as partner's new identity, the struggles of staying with their partner, couple and family stressors, how their partner's changes affect themselves, and views from society. Hear how others have struggled and triumphed in a new world for their relationships. Please note that this is a closed session intended specifically for partners of MTF individuals.

The Brain on Trauma : Understanding Violence's Consequences on our Mind, Body, and Community

Trans and non-binary people experience bullying, harrassment, abuse, assault, and hate violence at alarmingly high rates. Living through traumatic experiences doesn't mean people have an understanding of how these experiences impact daily life. This workshop will translate the characteristics and complexity of short and long term traumatic responses into user-friendly language, allowing attendees to recognize the signs of trauma in their own life and in others'. Tools, skills, and interactive exercises will allow participants to identify where (and how) they can make healthy changes to minimize the overt and covert invasiveness of trauma in their day-to-day lives.

Housing & Homelessness Roundtable

This session will focus on issues related to trans inclusion in housing and shelters. Organizations and individuals are encouraged to come to discuss their particular approaches so that a strong foundation can be built to assist those in need in the trans community.

The Rights of Transgender Students and Employees Under Federal Law [CLOSED]

Workshop participants will gain a basic knowledge of their rights as students under Title IX of the Education Amendments of 1972 or employees under Title VII of the Civil Rights Act of 1964. This workshop is intended for trans and gender non-conforming individuals only.

Experiencing Peace

This experiential workshop will gently guide participants through a selection of trauma-informed exercises designed to promote well-being. Some exercises will be done solo, while others will be more interactive. Everyone can choose to participate or just witness at all times. Treat yourself to kindness, community, and creativity.

Healthcare and Insurance Access

This workshop will discuss recent changes in federal LGBTQ health policy made under Section 1557 of the Affordable Care Act (ACA) with an emphasis on groundbreaking new nondiscrimination protections in health insurance and health care for transgender people. At the end of this workshop, participants will be able to: identify key benefits of the ACA for LGBTQ communities; identify types of conduct that may violate new federal health care nondiscrimination protections; and understand where and how to file a complaint if their rights have been violated.

Public Benefits 101

Aging presents new challenges for Transgender individuals, not least of which are the legal challenges they may have to face regarding Medicare, Social Security benefits, long term care (e.g. nursing homes), and healthcare planning. This program will provide participants with an overview of the federal and state programs regarding these matters, and recent legal developments regarding benefits for same-sex spouses.