

# TIES

# POP-UP

## Norfolk

SATURDAY JULY 13, 2019; 12:00 PM - 5:00 PM

Transgender Information & Empowerment Summit Pop-Up  
Old Dominion University—Batten Arts & Letters  
4401 Hampton Blvd, Norfolk, VA 23529

### Program Overview

- |                  |   |
|------------------|---|
| 12:00 - 12:30 PM | Registration  |
| 12:30 - 1:30 PM  | Employment Readiness for Transgender and Gender Diverse Professionals<br><i>— 10 Minute Break —</i> |
| 1:40 - 2:40 PM   | Know the Facts: Building Safer Schools for Trans Youth<br><i>— 10 Minute Break —</i>                |
| 2:50 - 3:50 PM   | Navigating Healthcare While Transgender<br><i>— 10 Minute Break —</i>                               |
| 4:00 - 5:00 PM   | Be an Advocate: Tell Your Story   |

Resource Center services available throughout the event:

#### —HIV Testing—

The LGBT Life Center will be providing free rapid HIV testing. No appointments necessary and you receive your results in 20 minutes.

#### —Appointments—

All Mental Health & Medical Consultations and Name & Gender Marker Change appointments are free and available first come, first served.

# Workshop Descriptions

## **Employment Readiness for Transgender and Gender Diverse Professionals**

**12:30-1:30 PM** || Speaker: Thalia Hernandez

This workshop will take the usual employment readiness advice presented to a person about to hit the job market and look at it critically through the lens of a transgender person's experience. This workshop will discuss ways to overcome the potential roadblocks when navigating employment opportunities and review options available if you experience discrimination. We will also cover content ranging from using your legal or chosen name on application materials, interviewing for a position, deciding which job offer to accept, to the state of employment law and protections for transgender people.

***About the speaker:** Thalia Hernandez was born on Tinker Air Force Base, Oklahoma and has moved around ever since. While attending college at William & Mary, she was on the executive board of the Lambda Alliance, W&M's oldest and largest LGBTQ organization, for three and a half years, including one year as Co-President. Thalia graduated from W&M in the Spring of 2018 and moved to Richmond to join Equality Virginia's team as a program coordinator for trans visibility.*



## **Know the Facts: Building Safer Schools for Trans Youth**

**1:40-2:40 PM** || Speaker: Jennifer Safstrom

Like all school-age youth, transgender students spend the majority of their day in the classroom. Unfortunately, for many, the school environment is either unwelcoming or overtly hostile. Learn more about students' rights in Virginia schools, including know-your-rights information regarding access to facilities and campus speech. This discussion will be framed in the context of the ACLU of Virginia's case, Grimm v. Gloucester County School Board, and will allow ample time for Q&A. In addition, this session will include facts regarding transgender voting rights to support access to the ballot box this November.

***About the speaker:** Jennifer Safstrom has served as the Dunn Legal Fellow at the ACLU of Virginia since September 2018. She earned her B.A. in International Studies from the University of Miami in 2011. She received her J.D. from Georgetown University Law Center in 2018, where she served as Editor in Chief of the Georgetown Journal of Law & Modern Critical Race Perspectives, Employer Outreach Chair for the Latin American Law Student Association, and member of the Appellate Litigation Clinic. Her legal scholarship has been published in the Georgetown Law Journal, Yale Journal of Law & Feminism, Harvard Latinx Law Review, and Barry Law Review.*

# Workshop Descriptions

## **Navigating Healthcare While Transgender**

**2:50-3:50 PM** || Speaker: Afton Bradley

Do you have questions about how to navigate the world of healthcare as a transgender person? This workshop will cover the ins and outs of getting healthcare as a transgender person such as how to find trans-affirming healthcare providers, how to find out if your health insurance covers transition-related care, how to get transition-related care if you don't have insurance, and what to do if you face discrimination in a healthcare setting.

***About the speaker:** Afton Bradley is the Care Coordination Manager at the Virginia League for Planned Parenthood and assists in managing the transgender health program. His background is in social work and nursing with an emphasis in health, LGBTQ issues, and anti-violence. In addition, he also provides cultural competency and health-focused workshops on working with the LGBTQ community to outside organization and universities. In 2017, he was recognized as one of Richmond's Top 40 Under 40.*



## **Be an Advocate: Tell Your Story**

**4:00-5:00 PM** || Speaker: Vee Lamneck

Updating non-discrimination laws to include sexual orientation and gender identity will help ensure that all people in our state, including LGBT people, have equal opportunities. Personal stories are some of the most powerful tools for advocacy and social change. Our lawmakers need to hear from people who have experienced discrimination. Plus, they need to hear from friends, family members, neighbors, coworkers, and allies about the importance of these protections. Everyone has an advocacy story to share. This workshop covers the basics of sharing a personal story for advocacy, focusing on how to call policy makers to action.

***About the speaker:** Vee Lamneck is the Deputy Director of Equality Virginia (EV), which is the leading statewide, non-partisan advocacy, outreach, and education organization seeking equality for LGBT Virginians. Lamneck holds a Master in Social Work from Virginia Commonwealth University (VCU) and they were an appointed member of Governor McAuliffe's LGBT Tourism Taskforce in 2015. In addition, Lamneck is a recent graduate of Richmond's Emerging Nonprofit Leaders Program and they are a member of the Richmond Area LGBTQ+ Allied Leadership Circle. Lamneck has been with Equality Virginia since August 2013.*

*A special thank you to the TIES Pop-Up  
Name & Gender Marker Change Clinic Partners:*



*Thank you to our Cohost Organizations:*



*Thank you to our Community Voices:*

Hampton Roads Pride  
Hampton Roads Unity Pageant  
LGBT Life Center  
Next Gen Virginia  
PFLAG Norfolk  
Rainbow Coalition at William & Mary

Southeastern Virginia Atheists, Skeptics,  
& Humanists  
Stonewall Sports Norfolk  
The Sarah Michelle Peterson Foundation  
Tidewater Queer History Project  
Virginia League for Planned Parenthood

YWCA South Hampton Roads



Equality Virginia (EV) is grateful to be in Norfolk and partner with many wonderful local organizations that provide invaluable services for transgender individuals, their families, and allies in Hampton Roads. EV created TIES for trans and gender diverse individuals to gain support and resources, build community, and connect with each other.

Visit [www.equalityvirginia.org](http://www.equalityvirginia.org) to learn more about the work EV does for LGBT Virginians.